

# Ryan Jay Allred

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## EDUCATION

**University of Connecticut (UConn)**      **Ph.D. Communication Studies**      Expected May 2020  
GPA: 4.0

**Colorado State University (CSU)**      **M.A. Communication Studies**      May 2016  
GPA: 3.83

Thesis title: “Examining social exchange measures as moderating variables of politeness techniques in face-threatening acts between romantic partners”

Committee:      Dr. John P. Crowley (Chair)  
Dr. Eric Aoki  
Dr. Rachel Lucas-Thompson

**Utah State University (USU)**      **B.S. Communication Studies**      August 2014  
GPA: 3.83

**Brigham Young University–Idaho**      **A.S. General Studies – Communication Emphasis**      July 2012  
GPA: 3.93

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## RESEARCH INTERESTS

Interpersonal Communication, Communication Theory, Quantitative Methods

- Communication Inhibitors
  - Supportive Communication
  - Emotional Communication
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## SCHOLARSHIP

### Publications

Allred, R. J., Crowley, J. P. (2017). The mere presence hypothesis: Investigating the nonverbal effects of cell phone presence on conversation satisfaction. *Communication Studies*, ?, ??-??.

**Competitively  
Selected  
Paper Presentations**

**Allred, R. J.,** Crowley, J. P. (2016, November). *The mere presence hypothesis: Investigating the nonverbal effects of cell phone presence on conversation satisfaction*. Paper to be presented at the National Communication Conference in Philadelphia, PA.

**Allred, R. J.** (2016, April). *Freedom through abolition: Rhetorical movement towards emancipation*. Paper presented at the Rocky Mountain Communication Conference in Greeley, CO.

**Allred, R. J.** (2016, February). *Apprehension and the reduction of uncertainty: Expanding uncertainty reduction strategies from planned to spontaneous initial interactions*. Paper presented at the Western States Communication Association annual conference in San Diego, CA.

**Allred, R. J.** (2015, November). *Distractive communication: Analyzing effects of mobile electronic devices on face-to-face communication satisfaction*. Poster presentation at the Graduate Student Showcase at Colorado State University.

**Allred, R. J.** (2014, May). *Responses to popular assassinations: Discovering a genre among political eulogies*. Panel presentation in Undergraduate Research Symposium at Utah State University in: War, power, and assassination: A rhetorical look at popular discourse.

**Manuscripts in  
Preparation**

Crowley, J. P., & **Allred, R. J.** *Physiological substrate of granting and receiving forgiveness*. In L. Aloia, A. Dennis, & J. P. Crowley (Eds.) *Physiology of interpersonal communication*.

Crowley, J. P., **Allred, R. J.**, Goter, J., & Volkmer, C. *Mobile electronic devices and effective listening*. Manuscript in data analysis stage.

Burke, T. J., & Crowley, J. P., **Allred, R. J.**, & Carberry, E. *Weight-related behavior change for mixed-weight partners: A social support marshaling analysis*. Manuscript in the data analysis stage.

**Thesis**

**Allred, R. J.** (2016). Examining social exchange measures as moderating variables of politeness techniques in face-threatening acts between romantic partners.

**Term Papers**

**Allred, R. J.,** O'Neal, K. Whit, J., & Crowley, J. P. (2015). *Examining the effects of compassion, contempt, and rejection sensitivity on experiences of social pain*.

**Allred, R. J.** (2014). *Utilizing rhetorical memory within interpersonal interactions*.

**Allred, R. J.** (2013). *Acceptable forms of rejecting an invitation in social settings*.

**Allred, R. J.** (2013). *The effects of proxemics on communication across cultures*.

**Allred, R. J.** (2013). *Effects of accepting responsibility for bringing the wrong order.*

**Allred, R. J.** (2013). *Communication patterns among Tongan cultures.*

**Allred, R. J.** (2013). *Rhetoric to heal a nation.*

**Allred, R. J.** (2013). *Robert Kennedy's ideological strategies to heal a nation.*

**Allred, R. J.** (2012). *Understanding and improving sibling relationships.*

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## TEACHING & INSTRUCTIONAL ACTIVITIES

### Teaching Assistant

Department of  
Communication Studies,  
University of Connecticut

**Fall 2016**

COMM 1100.08 Public Speaking  
M= (5=Excellent, 1=Poor)

COMM 1100.09 Public Speaking  
M= (5=Excellent, 1=Poor)

COMM 1100.17 Public Speaking  
M= (5=Excellent, 1=Poor)

### Instructor of Record

Department of  
Communication Studies,  
Colorado State University

**Spring 2016**

SPCM 200.07 Public Speaking  
M= 4.45 (5=Excellent, 1=Poor)

SPCM 130.02 Relational and Organizational  
Communication – Recitation  
M= 4.53 (5=Excellent, 1=Poor)

SPCM 130.03 Relational and Organizational  
Communication – Recitation  
M= 4.5 (5=Excellent, 1=Poor)

**Fall 2015**

SPCM 130.02 Relational and Organizational  
Communication – Recitation  
M= 4.75 (5=Excellent, 1=Poor)

SPCM 130.03 Relational and Organizational  
Communication – Recitation  
M= 4.86 (5=Excellent, 1=Poor)

SPCM 130.06 Relational and Organizational  
Communication – Recitation  
M= 4.40 (5=Excellent, 1=Poor)

**Spring 2015**

SPCM 200.03 Public Speaking  
M= 4.25 (5=Excellent, 1=Poor)

SPCM 200.19 Public Speaking

M= 4.57 (5=Excellent, 1=Poor)

**Fall 2014**

SPCM 200.05 Public Speaking  
M= 4.43 (5=Excellent, 1=Poor)

### **Teacher's Assistant**

Department of  
Communication Studies,  
Utah State University

**Spring 2014**

CMST 1020 Public Speaking  
3 Sections

**Fall 2013**

CMST 1020 Public Speaking  
2 Sections

### **Invited Talks/Guest Lectures**

Colorado State University

**May 2016**

SPCM 130.01 Relational and Organizational  
Communication - Lecture  
"Listening"

**February 2016**

Colorado Commission on Higher Education  
"Critical Thinking"

**October 2015**

SPCM 130.01 Relational and Organizational  
Communication - Lecture  
"Emotions in the Workplace"

**September 2015**

DM 180 Design and Merchandising  
First Year Seminar  
"Time Management/Active Learning"

**September 2015**

Gamma Beta Phi Sorority  
"Study Skills/Time Management"

**June 2015**

SPCM 130.01 Relational and Organizational  
Communication - Lecture  
"Nonverbal Communication"

### **Research Assistant**

Dr. John P. Crowley  
(CSU)

**Summer-Fall 2015**

Physiological Markers of Social Interaction  
Message Processes and Effects on Health  
Support Marshaling  
Forgiveness

- Completed comprehensive annotative bibliographies/literature reviews for all topics
- Edited completed manuscripts
- Assisted in the collection of intervention data
- Coding message process in writing

Dr. John Seiter

**Spring 2015**

Hospitality Communication

(USU)

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**AWARDS &  
SCHOLARSHIPS**

2015-2016  
2014-2016  
2012-2014  
2012-2014  
  
2014  
  
2013  
2013  
2012  
2011  
2011  
  
2011

**Gordon F. Hostettler Memorial Scholarship**  
**Graduate Teaching Assistantship**  
**Dean's List** each semester  
USU Transfer Non-resident **Dean Scholarship**  
(Full tuition)  
Nominated by faculty for free membership in the  
**National Communication Association**  
**Lambda Pi Eta**  
Recruited to USU's **Speech and Debate Team**  
**BYU-I Academic Scholarship** (Full tuition)  
**BYU-I Award of Excellence** (Half tuition)  
Service Scholarship – Beehive Federal  
Credit Union  
Maughan Scholarship

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**GRADUATE  
COURSEWORK**

Fall 2016  
UCONN  
  
Spring 2016  
CSU  
  
Fall 2015  
CSU  
  
Spring 2015  
CSU  
  
Fall 2014  
CSU

COMM 5001 Research Methods I (Statistics)  
COMM 5101 Motivation and Emotion  
COMM 5200 Interpersonal Communication  
SPCM 634 Communication & Global Diversity  
HDFS 550 Research Methods II (Statistics)  
SPCM 632 Theories in Interpersonal  
Communication  
HDFS 549 Research Methods I (Statistics)  
SPCM 612 Rhetorical Criticism  
SPCM 633 Discourse, Work and Organization  
SPCM 638 Communication Research Methods  
SPCM 639 Communication Theory  
SPCM 601 History of Rhetorical Theory  
SPCM 646 Media Theory  
SPCM 675 Speech Communication Pedagogy

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**COMMUNITY OUTREACH & VOLUNTEER WORK**

**The Institute for  
Teaching and Learning  
(CSU)**

**2015-2016**  
Workshop Facilitator  
Academic Coach

- Facilitate weekly undergraduate learning workshops
- Meet with student one-on-one to discuss academic goals
- Skills covered: organization, note-taking,

studying, critical thinking, reading, procrastination, test taking, test anxiety, plagiarism, concentration/memory, goal setting, etc.

<b>Local Religious Organization</b> Fort Collins, CO	<b>2015-2016</b> Institute President	<ul style="list-style-type: none"><li>• Plan weekly activities</li><li>• Encourage institute attendance</li><li>• Organize and conduct firesides</li></ul>
<b>Local Religious Organization</b> Fort Collins, CO	<b>2014-2015</b> Mission Leader	<ul style="list-style-type: none"><li>• Trained and organized 15-20 volunteers to make weekly visits to members of the community in need</li><li>• Assist with spiritual and secular learning</li><li>• Provide physical service to community members (i.e., yard work, transportation, financial assistance)</li></ul>
<b>Communication Studies Club (USU)</b>	<b>2013-2014</b> Vice-President Founder	<ul style="list-style-type: none"><li>• Instrumental in creating the club constitution and gaining university recognition</li><li>• Oversaw recruitment efforts (over 40 members)</li><li>• Organized monthly club activities to provide educational, social, and service opportunities</li></ul>
<b>Local Men's Religious Organization</b> Logan, UT	<b>2013-2014</b> President	<ul style="list-style-type: none"><li>• Provided community service to over 70 households</li><li>• Presided over weekly meetings, coordinated recruitment efforts, appointed and trained volunteers, compiled and issued monthly statistical reports, organized relief efforts</li></ul>
<b>Local Communities</b> Northern CA	<b>2008-2010</b> Volunteer Teacher/Trainer	<ul style="list-style-type: none"><li>• Led and trained over 50 volunteers on leadership, teaching, and communication skills such as listening, asking questions, lesson planning, appropriate self-disclosure, goal setting, and time management in weekly seminars</li><li>• Responsible for volunteers' safety and productivity, followed up on goals, and sent weekly progress reports to supervisors</li></ul>